



# GMA NEWS

## November 19

### Upcoming events:

- Nov 2  
Nov 9<sup>th</sup> TKD testing and stripe retesting 5:30 (no TKD class)  
Nov 9<sup>th</sup> TKD tournament in Noblesville (see flyer at school)  
Nov 16<sup>th</sup> USHF seminar Bton 9:00-5:00  
Nov 23<sup>rd</sup> Holiday Sale 8:00 am-10:00 am  
Nov 23<sup>rd</sup> FAST Adult Basics 12:30-4:00
- Nov 27<sup>nd</sup>-29<sup>th</sup> NO CLASSES—Happy Thanksgiving
- Dec 15<sup>th</sup> Bloomington Open BJJ tournament
- Dec 1<sup>st</sup> Leadership Xmas outing. 9:00 am

### Congrats to our new Lil dragon graduates: Caitlyn Gibson and Brevin Frye

**Holiday Sale set for Nov 23<sup>rd</sup>.** Get a jump on your holiday shopping with our annual holiday sale. Use the gift giving season to get them some necessities that they need anyway- like new sparring gear or uniforms, some extra training gear that will help them practice at home, or splurge on some fun seasonal items for their room that will help reinforce that they are part of a positive, powerful martial arts lifestyle. Our annual holiday sale will be Nov 18th from 8:00 am to 10:00 am. This gives you a chance to come to school and shop without the kids, so it can be a true surprise for them. There will be special sales for that day as well. Catalogs and ideas are also available now so you can maybe research what your kids like and want.

### Winter Camps set

As always we will be using the winter break in the school calendar to offer some unique camps during the holiday season. Rather than having the kids sitting around stuffing themselves with candy, we take the vacation time to learn something special. Don't forget you can also make it a X-mas present. Camp price includes lunch. Sign up at the front desk. Unfortunately, we are still trying to finalize some of our camp plans at this time. We should know mid month, so watch for more details.

**Winter Weapons camp: Dr. Winkle will be returning.** This year we have a special treat for weapons camp, as one of Mr. Sieg's primary instructors in the Filipino arts, Dr. Jason Winkle will be returning for the first time in several years to teach the weapons camp. He will be focusing on espada y-daga (Stick and dagger), a component of the stickfighting that was also highly influenced by European sword arts. Weapons camp will be **Jan 4<sup>th</sup>**

**A catch up camp is also scheduled for Jan 2<sup>nd</sup>.**

We are also working on one more special camp for teenagers on Dec 27<sup>th</sup>.

### Holiday Class Cancellations:

No classes on Wed, Nov 27<sup>st</sup>, Thanksgiving (28<sup>th</sup>) or Friday Nov 29<sup>th</sup>. Classes will resume as normal the following Monday. Have a happy Bird-day!

### GMA Wishes a Happy Birthday to:

Caitlyn Gibson	11-01	Cody Hayes	11-03	Lilly Workman	11-04
Clayton Wood	11-04	Levi Myers	11-04	Andrew Skopecek	11-06
Wyatt Niese	11-06	Gage Prose	11-08	Ben Lawson	11-10
Connor Watkins	11-12	Gibson Miller	11-17	Wesley Yoshida	11-24
Philip Salamander	11-26	Anna Vermillion	11-28		



## Training Anniversaries

Special Congrats to those who started with us a year or multiple years ago.

Aleah Spires (TKD 9 yrs)

Monica Clephane (TKD 5 yrs)

Gage Prose (LD, TKD 3 yrs)

Michael Hargis (BJJ 2 yrs)

Dave Hubbard (TCC 1 yr)

Josellynn Chrisman (LD 1 yr)

Cooper Jones (LD 1 yr)

Hope Gunn (TKD 1 yr)

## Quotes of the Week

With tournaments in both TKD and BJJ looming, we will be talking about proper sportsmanship, respect, and other ways to get the most out of the tournament experience.

## Special recognition to our families:

In addition to Thanksgiving, November happens to be family appreciation month, so we at GMA would like to do both—a special thanks to our families. Of course, we like to think of all of GMA as a family, and we have several pairs of siblings in the classes, but we would like to point out those families that actually need our family discount or those families with more than one generation involved....Perhaps someone else in your family is ready to try it out?

Mike Dodge (HKD, BJJ), Collyn Dodge (TKD, BJJ)

Noah & (TKD, BJJ), Nate & Luke Wilson (TKD, BJJ)

Aleah, Keegan, Amanda & Ryan Spires (TKD, kali)

Mr. Yoshida (TKD, BJJ) & Mrs. Yoshida (TKD), Kylie and Wesley (TKD, BJJ)

Mr. Sieg, Haley & Donovan (TKD), Jennifer (HKD)

TJ, Jackson, and Shawna (TKD)

## Special Thanks for Fall Foliage and beyond.

Thanks to all the demo team and parade marchers, parents on the float, and float driver for making a great fall foliage.

Special thanks to the parents committee and everyone who helped decorate, brought in candy, food, and other items, or worked the Halloween party!

Our school wouldn't be able to be the place that it is without the support of our students and parents. These recent events really demonstrate just how caring of a group we have, and we appreciate everyone's willingness to contribute in order to make GMA a family.

## This Month in Martial Arts History (selected from "Dates with Destiny" in *Martial Arts Success* by John Corcoran. Birthdays:

Nov 9 1978 Steven Lopez—one of the greatest TKD athletes of all time—multi world and Olympic champion

Nov 10 1868-April 26 1957 Shotokan founder Gichin Funakoshi—also taught CDK founder GM Won Kuk Lee

Nov 27, 1940- July 20 1973 Bruce Lee

Movie releases include: *Fist of Fury* (starting the Bruce Lee craze), *Missing in Action*, *Best of the Best*, *The One* and many sequels

Nov 12 1993—UFC 1 debuts and starts modern MMA in Denver, CO. Royce Gracie wins.

