



Sept 19 NEWS

Congrats to our latest lil dragon graduates:

Upcoming events:

****** No, We do NOT have class on Labor Day ******

Sept 3rd	Paragon Homecoming/Labor Day parade. 10:30 in Paragon
Sept 8 th	Leadership team 9:00-10:30
Sept 15th	Demo Team 9:00-11:00
Sept 15 th	Black belt prep 11:00-12:30
Sept 21 st	TKD testing 5:30
Sept 22 nd	Lil dragons testing (beg 9:00-10:30, int/ adv 10:30-12:00)
Sept 22 rd	Kids Stop Bullies FAST Course 1:00-3:30
Sept 29 th	Tai Chi workshop 9:00-11:30
Sept 29 th	Demo team 1:00-3:00
Sept 15 th	GM William CC Chen Tai Chi seminar in Indy
Oct 6 th	Demo team 9:00-11:00
Oct 6 th	BB prep 11:00-12:00
Oct 6 th	Stickfighting 1:00-3:30
Oct 13 th	TKD black belt testing, time TBA
Oct 14 th	Fall foliage parade

Paragon Parade

We appreciate everyone's support by marching in the Paragon Homecoming Parade on Labor Day. Meet at Paragon elementary at 10:30, parade starts at 11:00, and we should be finished approx 11:30-11:45. Students need to be picked up back at the elementary. Attire for the parade is dobok pants, belt, and a GMA T-shirt.

GMA Wishes a Happy Birthday to:

Kylie Yoshida	9-1	Luke Wilson	9-2	Launa Perryman	9-8
Clay Thacker	9-8	Drew Willis	9-9	Aubrey Poindexter	9-12
Devin Latham	9-12	Ethan Dickerson	9-14	Liam Fink	9-17
Neveah Davis	9-23	Wyatt Northern	9-23	Malachi Watkins	9-24
Gabe Wilson	9-26	Josellynn Chrisman	9-27	Ashton Allen	9-27
Brayden Gordon	9-28	Donovan Sieg	9-30		

Training Anniversaries — Special congrats for everyone who is celebrating a year or multiple years of training.

Rob Snyder (TKD, HKD 14 yrs)	Megan Gens (TKD 11 yrs)	Nathan Hall (TKD 5 yrs)
Cathy Petraits (HKD 5 yrs)	Ethan Dickerson (TKD 3 yrs)	Samantha Cushing (TKD 3 yrs)
Levi Robinson (LD 2 yrs) others		

Quotes of the week/ Mat Chat

As anyone who has been with us for over a year may recall, September is the month we do our Random Acts of Kindness Campaign. As will be explained in class, this is a response to the President's call following the terrorist attacks of 9-11, and it is our way of showing a little patriotism, remembering the tragedy, and helping others at the same time.



This Month in Martial Arts History (selected from “Dates with Destiny” in *Martial Arts Success* by John Corcoran.

Sept 14, 1902 (Oct 7 1994).

Carlos Gracie Sr. birthday—founder of BJJ

Sept 15, 1938

Fumio Demura –Karate Master, author—greatly influenced Mr. Sieg

Sept 1954

CDK member GM Tae Hi Nam breaks 13 roofing tiles in front of President Rhee, compelling President Rhee to order all ROK army troops to be trained

Sept 14 1961

Pivotal meeting in the government ordered unification of the kwans under the later named Korea TKD Association.

Sept 9th 1966, Sept 1 1973

Bruce Lee debuts on TV as Kato in the Green Hornet, and Enter the Dragon opens, resp.

Sept 17th 1988

TKD unveiled as a demo sport in the Olympic games in Seoul—huge demo in opening ceremonies.

Sept 2000

Unified rules that govern modern MMA are adopted.

Movie debuts: ---The Protector (Tony Jaa), Fearless (Jet Li) Rush Hour (Jackie Chan) Kickboxer and Knockoff (JCVD)