



# GMA Announcements

## Dec/Jan

### **Leadership/Demo Team Practices.**

Leadership team will meet on Dec. 21<sup>st</sup> at 9:00 am. Demo team will meet from 10-12 that same morning. Demo team will have another practice on Dec. 28<sup>th</sup> also from 10-12.

### **Holiday Schedule—Class cancellations**

Please be aware of the following class cancellations on account of the holidays

DPU: Clubs may meet informally over winter term (contact an officer). The first scheduled practice will be the first day of spring semester—Jan 27<sup>th</sup>.

Martinsville: No classes on Dec 24, 25, and 26<sup>th</sup>. No classes on Dec 31<sup>st</sup> or Jan 1<sup>st</sup>. All other days on normal schedule, including Dec. 27<sup>th</sup>.

Spencer: Class is cancelled on Dec 27<sup>th</sup> (Students are welcome to come to Martinsville instead)

### **Rape Aggression Defense (RAD) classes are coming**

Miss Gonin will be offering a RAD seminar in Jan. The 12 hours of training are split into 3 hour blocks over two weekends—Jan. 11<sup>th</sup> and 12<sup>th</sup> and Jan 18<sup>th</sup> and 19<sup>th</sup> from 1-4 each day. This is a great intro class for people who are not able to make a longer term commitment to martial arts classes. Open to mature females only. **Class size is limited to 10 students.** Those people related the school are advised to reserve a spot early before we start marketing to the general public. Also note that RAD policy allows seminar participants to return to any future RAD seminars for a refresher at no cost.

### **GMA TO HOST BILL KIPP, FOUNDER OF FAST DEFENSE**

We are currently finishing the details to bring Bill Kipp, the founder of FAST DEFENSE and world renowned self defense expert to our schools. It will be co-sponsored by the DPU Hapkido club and the Martinsville school. FAST stands for Fear Adrenaline Stress Training and is cutting edge training that deals with how to handle the verbal assault and adrenalin rush that accompanies the attack. This is done through very realistic role plays, including body armored assailants for full force blows. This is NOT martial arts training; it is self defense training. Come see the difference. We will be holding classes for both adults and kids at DePauw and Martinsville. Mr. Kipp travels around the world teaching this program, and we are the first in the area to feature him. Watch for details about the classes to be held March 4-6.

### **Testing:**

USHF (Hapkido) will have a belt exam on Friday, Jan 10<sup>th</sup> at the Martinsville school.

TTCA (TKD) January test has not been set yet—we will let you know.

### **Misc:**

Hapkido get-together on Dec 28, after the demo team practice. Hosted by Richard Allison.

Thanks to all who attended, helped out, and made the Christmas party a huge success. Sorry it ran a little late. And thanks to everyone who helped with the gift for the school. It will be put to many good uses in the coming months.